



2019 “Lunch & Learn Series”

Palmer Memorial Episcopal Church
6221 Main Street, Houston, Texas 77030

This year, we are able to provide excursions to two museums here in the Houston area. For the other presentations held on our campus on the Third Thursdays of the month, please bring a lunch; beverages will be provided.

** Unless noted, presentations will be located in Room A202.

January 17th - “Home Safety”

Lis Crawford

Lis is an Occupational Therapist with 39 years of experience in various fields of Occupational Therapy. Currently, she teaches exercise classes for people with Parkinson’s Disease through the Houston Area Parkinson’s Society. She is also a Certified Aging in Place Specialist and loves to offer evaluation and consultation to help those who are aging so that they may remain safely in their own homes.



February 21st - “Retirement Transition”

Michelle Watkins

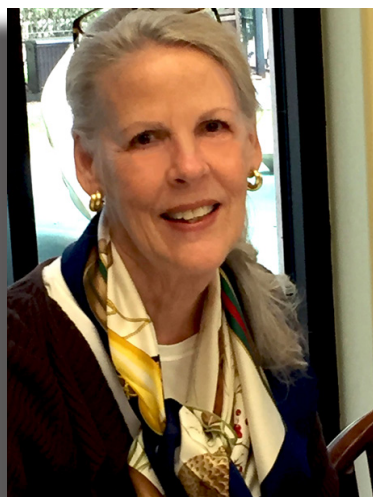
Michelle is Marketing Director, Brazos Towers at Bayou Manor. Having worked in both Real Estate and Retirement Living across the Southwest United States for over 20 years, Michelle has a well-rounded perspective when it comes to living options available for today’s Modern Senior. She enjoys sharing the insights she has gained to help those looking to develop a plan for the next chapter of their lives. Her presentation will be similar to one she has done for Rice University retired faculty.



March 21st - “Museum of Fine Arts Houston Tour”

Gretta Boshara

Gretta will be our guide for a one hour tour, “*When You Ask a Painting a Question What is the Answer?*”, followed by lunch at the museum for those that would like to stay. For the past twelve years Gretta has been leading adult members and visitors on tours of the Museum of Fine Arts Houston, introducing them to its special exhibitions and reviewing its permanent collections. She has degrees in English Literature/Art History and in Architecture. There will be no charge for the tour.



***** April, 2019 *****
*** Easter Break for Maundy Thursday of Holy Week ***

May TBD

June 20th - “Growing While Growing Older”

Arlene Price and Rev'd John Price

Transition to the next stage of life is a gradual process, a growing awareness of why we do things. We look at what needs to be integrated and what needs to be thrown away. Here we begin to switch from the Outer Journey of the 1st half of life to the Inner Journey.

Mark Twain said, “Are you asking the question, ‘Is there something left for me to do’”? His answer: “Are you still alive?”

As an English major, Arlene has taught in public and private schools. Believing that there is a correlation between healing and art, she has volunteered at St Luke's in the Medical Center with their Art Cart Program for the last 15 years.



The Rev. John W. Price has been ordained since 1964 serving parishes in San Antonio, Austin, and Spring. Since moving to Houston, he served on the Chaplain Staff at St. Luke's Episcopal Hospital from 1996-'04. He is the author of *Revealing Heaven: the Christian Case for Near-Death Experiences*, Harper Collins, 2013.