



# 2018 “Lunch & Learn Series”

**Palmer Memorial Episcopal Church**  
**6221 Main Street, Houston, Texas 77030**  
**St. Bede’s Chapel      NOON to 1 PM**

Informal classroom style presentations with a rotating schedule of speakers and topics. These presentations are interactive, encouraging dialogue from all participants. Bring your lunch; beverages provided.



## **April 5th - “Memory Loss in Older Adults: Is This Normal?”**

*Michele K. York, Ph.D.*

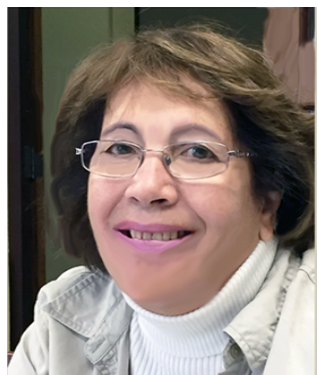
Dr. York received her PhD from Vanderbilt University and is currently an Associate Professor at Baylor College of Medicine and Head of its Section of Neuropsychology. She has co-authored over 30 articles related to her field and received the Fulbright & Jaworski LLP Faculty Excellence Award for Teaching and Evaluation in 2012.



## **May 3rd - “Medicare: Maximizing Your Current Benefits”**

*Pat Mione*

Pat has nearly 40 years’ experience as a financial advocate helping clients build greater financial security. Specializing in a number of financial disciplines, Pat has a unique understanding of the intersection between private and government benefits and seeks to provide individuals and businesses with personalized approaches to financial planning.



## **June 7th - “Getting to Know Your Smart Phone Better”**

*Fran Wallis, MCSE*

Fran, a Microsoft Certified Systems Engineer, retired from the Department of Molecular and Human Genetics at Baylor College of Medicine in 2003. As a Sr. Systems Analyst and custom software programmer she maintained the hardware and software platforms for the diagnostic and research laboratories and clinics. She is literate in both Windows and Apple environments.



## **July 5th - “Stewardship ... of Our Loved Ones, Our Possessions, and Passing Things On”**

*Amanda Neal, CPA, CFP*

Mandy is a Certified Public Accountant and Certified Financial Planner who co-owns and works for the firm Finley & Neal Financial Services, PLLC located in Angleton, TX. Mandy and her business partner started their firm in 1990. She became a Certified Financial Planner in 2004 after going through an accelerated program at Rice University.



## **August 2nd - "Nutrition as Medicine"**

### ***Libby Spoede***

Libby is a registered dietitian with a Master's degree in Nutrition. She currently works as a clinical dietitian at Texas Children's Hospital. Libby is also adjunct faculty at the Art Institute of Houston and teaches a nutrition course for the culinary and general education programs. She received her Master's degree in Nutrition from Texas Woman's University.



## **September 6th - "Getting Ready For Medicare Open Enrollment"**

### ***Pat Mione***

Pat has nearly 40 years' experience as a financial advocate helping clients build greater financial security. Specializing in a number of financial disciplines, Pat has a unique understanding of the intersection between private and government benefits and seeks to provide individuals and businesses with personalized approaches to financial planning.



## **October 4th - "Here I Am, Walking With You Into Death and Dying"**

### ***Sue Hamblen***

Sue has a Master's degree in Humanities and served as St. Luke's Episcopal Hospital Staff Chaplain and Coordinator of Lay Ministry for hospital visitation. She was also a Palliative Care Team Chaplain and a Certified Bereavement Facilitator. In addition, she has been a presenter and facilitator at many conferences and has helped lead Palmer's Walking the Mourner's Path.



## **November 1st - "Better Now Than Later - How Planning can Save You Money and Angst"**

### ***Associate Judge Clarinda Comstock***

Judge Comstock joined Harris County Probate Court No. Four in 2014 and has practiced in the areas of probate and guardianship law, mental health law, and estate planning. In addition to her law degree from South Texas College of Law Houston, she holds a Master's of Business Administration (MBA) degree from the University of Houston.



## **December 6th - Holiday Celebration Social for Older Adults**

**RSVP required**

Free parking is available in the North lot at Palmer with an entrance from Main St. and in the South lot with an entrance from Fannin. Covered parking, for a fee, is also available across the street from Palmer at the North end of the Texas Medical Center in the Memorial Hermann Medical Plaza parking garage and is easy to get to from any direction with entrances from both Fannin and Main.