



WOMEN'S NIGHT OUT

FIRST THURSDAYS SERIES

6 - 8 PM | Sept. 2018 - May 2019

Join us every first Thursday evening of the month for fellowship, food and friends. Women of Palmer will gather to socialize and share a meal followed by a speaker-led discussion of different topics. Drinks will be provided and all are asked to bring an appetizer to share.



SEPTEMBER 6, 2018 — EXPLORING GENEALOGY WITH LESLEY DOUTHWAITE

Lesley was born in England and moved to the U.S. in 1974 for what was supposed to be a two year stay, but she's still here! She spent 20 years working as a genealogy librarian, first as Head of the Local History and Genealogy Department at the Joint Free Public Library of Morristown and Morris Township in Morristown, NJ, then Assistant Manager at the Clayton Library Center for Genealogical Research in Houston. She has an undergraduate degree in Modern Languages from the University of Newcastle upon Tyne, and a graduate diploma in Library Science from the Newcastle upon Tyne Polytechnic.



OCTOBER 4, 2018 — HOLIDAY DECORATING WITH KRISTIN HUTCHISON

Kristin is the Reading Specialist at Austin Parkway Elementary in Fort Bend ISD. She has a Bachelor's in Early Childhood Education from The University of South Carolina and a Master's in Divergent Learning from Columbia College. Kristin, Roger, and Riley moved to Houston in June 2015 from Columbia, SC and are loving their new life at Palmer and in Texas. Kristin taught kindergarten for 18 years and has served as a Reading Specialist for two years. In high school, Kristin worked in a florist shop for two summers where she learned a few tricks of floral design while there. Since then, she has continued to enjoy arranging flowers, planting container gardens at home, and making wreaths, bows, and holiday decorations.



NOVEMBER 1, 2018 — CREATIVE COOKING WITH CARRIE WILLARD

Carrie has been cooking since she was a little girl, and blogging about it at curezza.wordpress.com since 2009, cooking and baking her way through Ina Garten's "Barefoot Contessa" cookbook series. She has cooked and blogged about over 700 recipes, and still has more to go. She has also written for Mockingbird, The Living Church, Episcopal Cafe, The Anglican Digest, and Grow Christians, and she works full-time at Rice University. Carrie loves cooking for others, especially for her husband, Neil (Palmer's rector!), and their two boys, Rowan and Ben. The Willards also love feeding their dogs, Birdie, Addie, and Pippa.



DECEMBER 6, 2018 — BOOKS TO READ AND ENJOY

Is there a book you recently found that you couldn't put down? Or maybe you have a classic book you always go back to read again and again? Make your list and bring it for a lively discussion of book recommendations from the group. All genres are welcome.



JANUARY 10, 2019 — HEALTH & NUTRITION WITH LIBBY SPOEDE

Libby is a registered dietitian with a Master's degree in Nutrition. She currently works as a clinical dietitian at Texas Children's Hospital. Libby is also adjunct faculty at the Art Institute of Houston and teaches a nutrition course for the culinary and general education programs. She received her Master's degree from Texas Woman's University and undergraduate degrees in biology and nutrition from Texas A&M University.



FEBRUARY 7, 2019 — GARDENING WITH THAD LOGAN LUEDERS

Thad is a native Houstonian, recently retired from teaching Victorian Studies and Contemporary Poetry at Rice University. She lives near Palmer with her husband Eric, three dogs and a cat, and has been a parishioner since 1995. She began backyard gardening about thirty years ago, and discovered that it was good for mind, body, and spirit. Also that it was really fun to acquire new plants: early on her husband told her that if she brought home one more he was going to step on it. (She did, and of course he didn't.) Despite mistakes, mysterious plant deaths, mosquito bites, tomato blight, and invasive philodendron, she continues to cultivate.



MARCH 7, 2019 — DECLUTTERING LIFE WITH LINDA SCHUBERT

After walking the Camino de Santiago (a 500 mile walking pilgrimage across Spain wearing a backpack with all my personal needs) Linda has learned to live with less. She has worked at pulling this type of thinking into my all aspects of her life. It is more than cleaning out a home and wardrobe. She will share ideas for clearing out and letting go, how possessions can be a burden.



APRIL 4, 2019 — RELIGIOUS ART WITH GRETTA BOSHARA

For the past twelve years Gretta has been leading adults on tours of the Museum of Fine Arts Houston. She introduces them to its special exhibitions as well as its permanent collections. She has degrees in English Literature/Art History and in Architecture with an emphasis on the art and architecture of Western Civilization from antiquities to the present.



MAY 2, 2019 — KNOWING YOUR MEDICATIONS WITH SUSANNAH KOONTZ WEBB

Susannah is the Principal at Koontz Oncology Consulting LLC, where she serves as a consultant for pharmacy practice, medical education and clinical research in the fields of pediatric hematology, oncology and hematopoietic cell transplantation. She works with healthcare providers and pharmaceutical industry professionals to identify research priorities and rationally apply cancer therapies in children. Prior to starting her firm in 2008, Dr. Koontz was the clinical pharmacy specialist for over 10 years at the Children's Cancer Hospital at the University of Texas M. D. Anderson Cancer Center.