**Federal State, County, and Local Governmental Agencies Dealing with Aging Issues:**

<https://www.nia.nih.gov/> - From the U.S. Department of Health and Human Services – provides an A-Z health topics directory with booklets on specific topics that can be downloaded. Hard copies of many of these health topics can be ordered from this excellent website.

<https://www.medicare.gov/> - How and when to apply for Medicare, Parts A, B, & D

<https://www.medicare.gov/your-medicare-costs/help-paying-costs/extra-help/level-of-extra-help.html> - How to meet eligibility and apply for extra help in paying

Part D premiums and drug co-pays

<https://www.ssa.gov/disabilityssi/ssi.html> - Supplemental Security Income for those with limited income and resources

<https://www.Medicaid.gov/> - Explanation of Medicaid and how to apply

<http://texas-benefits.org/Medicaid/Medicaid-Qualifications> - Lists the income caps for Medicaid eligibility in TX. These amounts can change every year.

<https://www.medicare.gov/nursinghomecompare/results.html#loc=77096&lat=29.6699914&lng=-95.4830243> - Ratings of nursing homes by zip codes

<https://hhs.texas.gov/services/aging> Texas Health and Human Resources – Department on Aging

<https://aoa.acl.gov/> The Administration on Aging (AOA)

<https://www.dads.state.tx.us/> - Texas Department of Aging and Disabilities (DARS)

<https://www.imgh.org/> - Texas Health and Human Resources

<http://www.eldercare.gov/Eldercare.NET/Public/Index.aspx> Eldercare Services locator from the Department of Health and Human Resources

<http://www.tlsc.org/> Texas Legal Services Center - provides free legal advice and referrals for those over 65 years of age or a Medicare recipient.

[http://www.houstontx.gov/health/Aging/](http://www.houstontx.gov/health/Aging/%22%20%5Ct%20%22blank) Harris County Area Agency on Aging

and City of Houston website with numerous links to services for Senior Citizens.

<http://www.needhelppayingbills.com/html/harris_county_assistance_progr.html> For low or moderate income family or individuals, this is an organization that can assist a person with short term help paying expenses.

<http://harrishealth.org> - Harris County Healthcare System - provides a wide range of healthcare services, including adult weight management, mental and behavioral health, geriatric assessment and care, primary and specialty care and an array of other clinical and social services through its Public Health System